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 , 10. - 12.2.2022

33 , 400m 2009
 12.02.2022 - 11:34

: FINA 2021

								R.T.		FINA		
2007												
1.			2005	1	"	"		+0,67	4:33.88	I	518	
	50m:	30.61	30.61	150m:	1:39.13	34.62	250m:	2:49.39	35.08	350m:	3:59.81	34.78
	100m:	1:04.51	33.90	200m:	2:14.31	35.18	300m:	3:25.03	35.64	400m:	4:33.88	34.07
2.			2007	I						4:58.21	II	401
	50m:	31.13	31.13	150m:	1:43.21	37.40	250m:	3:01.23	39.46	350m:	4:20.13	39.34
	100m:	1:05.81	34.68	200m:	2:21.77	38.56	300m:	3:40.79	39.56	400m:	4:58.21	38.08
3.			2007	II				+0,76	4:59.43	II	397	
	50m:	33.45	33.45	150m:	1:50.60	38.57	250m:	3:07.73	38.30	350m:	4:24.16	37.23
	100m:	1:12.03	38.58	200m:	2:29.43	38.83	300m:	3:46.93	39.20	400m:	4:59.43	35.27
4.			2006	II						5:11.29	III	353
	50m:	32.48	32.48	150m:	1:48.60	38.73	250m:	3:08.62	39.67	350m:	4:30.93	41.40
	100m:	1:09.87	37.39	200m:	2:28.95	40.35	300m:	3:49.53	40.91	400m:	5:11.29	40.36
5.			2007	II				+0,97	5:12.49	III	349	
	50m:	34.75	34.75	150m:	1:54.48	40.08	250m:	3:17.35	41.10	350m:	4:37.23	38.62
	100m:	1:14.40	39.65	200m:	2:36.25	41.77	300m:	3:58.61	41.26	400m:	5:12.49	35.26
6.			2006	3				+0,81	5:18.43	III	330	
	50m:	34.75	34.75	150m:	1:52.02	39.30	250m:	3:13.55	40.91	350m:	4:37.75	42.09
	100m:	1:12.72	37.97	200m:	2:32.64	40.62	300m:	3:55.66	42.11	400m:	5:18.43	40.68
7.			2007	1				+0,95	5:21.01	III	322	
	50m:	33.70	33.70	150m:	1:52.98	40.72	250m:	3:16.21	41.69	350m:	4:40.47	41.52
	100m:	1:12.26	38.56	200m:	2:34.52	41.54	300m:	3:58.95	42.74	400m:	5:21.01	40.54
8.			2006	III				+0,69	5:38.71	III	274	
	50m:	36.70	36.70	150m:	2:02.57	43.51	250m:	3:30.56	43.83	350m:	4:58.47	43.40
	100m:	1:19.06	42.36	200m:	2:46.73	44.16	300m:	4:15.07	44.51	400m:	5:38.71	40.24
9.			2007	1						5:47.81	III	253
	50m:	37.89	37.89	150m:	2:04.38	44.32	250m:	3:34.77	44.90	350m:	5:06.32	45.53
	100m:	1:20.06	42.17	200m:	2:49.87	45.49	300m:	4:20.79	46.02	400m:	5:47.81	41.49

2006 - 2007

1.			2007	I						4:58.21	II	401
	50m:	31.13	31.13	150m:	1:43.21	37.40	250m:	3:01.23	39.46	350m:	4:20.13	39.34
	100m:	1:05.81	34.68	200m:	2:21.77	38.56	300m:	3:40.79	39.56	400m:	4:58.21	38.08
2.			2007	II				+0,76	4:59.43	II	397	
	50m:	33.45	33.45	150m:	1:50.60	38.57	250m:	3:07.73	38.30	350m:	4:24.16	37.23
	100m:	1:12.03	38.58	200m:	2:29.43	38.83	300m:	3:46.93	39.20	400m:	4:59.43	35.27
3.			2006	II						5:11.29	III	353
	50m:	32.48	32.48	150m:	1:48.60	38.73	250m:	3:08.62	39.67	350m:	4:30.93	41.40
	100m:	1:09.87	37.39	200m:	2:28.95	40.35	300m:	3:49.53	40.91	400m:	5:11.29	40.36
4.			2007	II				+0,97	5:12.49	III	349	
	50m:	34.75	34.75	150m:	1:54.48	40.08	250m:	3:17.35	41.10	350m:	4:37.23	38.62
	100m:	1:14.40	39.65	200m:	2:36.25	41.77	300m:	3:58.61	41.26	400m:	5:12.49	35.26
5.			2006	3				+0,81	5:18.43	III	330	
	50m:	34.75	34.75	150m:	1:52.02	39.30	250m:	3:13.55	40.91	350m:	4:37.75	42.09
	100m:	1:12.72	37.97	200m:	2:32.64	40.62	300m:	3:55.66	42.11	400m:	5:18.43	40.68



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 , 10. - 12.2.2022

33,		, 400m				2006 - 2007						
								R.T.		FINA		
6.				2007	1			+0,95	5:21.01	III	322	
	50m:	33.70	33.70	150m:	1:52.98	40.72	250m:	3:16.21	41.69	350m:	4:40.47	
	100m:	1:12.26	38.56	200m:	2:34.52	41.54	300m:	3:58.95	42.74	400m:	5:21.01	
7.				2006	III			+0,69	5:38.71	III	274	
	50m:	36.70	36.70	150m:	2:02.57	43.51	250m:	3:30.56	43.83	350m:	4:58.47	
	100m:	1:19.06	42.36	200m:	2:46.73	44.16	300m:	4:15.07	44.51	400m:	5:38.71	
8.				2007	1					5:47.81	III	253
	50m:	37.89	37.89	150m:	2:04.38	44.32	250m:	3:34.77	44.90	350m:	5:06.32	
	100m:	1:20.06	42.17	200m:	2:49.87	45.49	300m:	4:20.79	46.02	400m:	5:47.81	
2008 - 2009												
1.				2008	2	"	"	+0,78	4:51.33	II	431	
	50m:	31.83	31.83	150m:	1:46.33	37.82	250m:	3:02.41	37.54	350m:	4:17.87	
	100m:	1:08.51	36.68	200m:	2:24.87	38.54	300m:	3:39.99	37.58	400m:	4:51.33	
2.				2008	1					5:29.95	III	296
	50m:	35.26	35.26	150m:	1:59.17	42.64	250m:	3:24.30	43.15	350m:	4:50.30	
	100m:	1:16.53	41.27	200m:	2:41.15	41.98	300m:	4:07.08	42.78	400m:	5:29.95	
3.				2008	III					5:34.81	III	283
	50m:	33.01	33.01	150m:	1:56.42		250m:	3:25.61		350m:	4:53.85	
	100m:	2:41.38	2:08.37	200m:			300m:	4:10.20	44.59	400m:	5:34.81	
4.				2008	1					5:44.38	III	260
	50m:	37.38	37.38	150m:	2:08.66	47.18	250m:	3:36.67	43.93	350m:	5:03.95	
	100m:	1:21.48	44.10	200m:	2:52.74	44.08	300m:	4:19.80	43.13	400m:	5:44.38	
5.				2009	1	TPU-SWIM		+0,78	5:46.21	III	256	
	50m:	36.88	36.88	150m:	2:04.52	44.50	250m:	3:34.42	44.70	350m:	5:04.51	
	100m:	1:20.02	43.14	200m:	2:49.72	45.20	300m:	4:19.92	45.50	400m:	5:46.21	
6.				2009	1			+0,80	5:47.47	III	254	
	50m:	37.02	37.02	150m:	2:05.70	45.22	250m:	3:36.96	45.69	350m:	5:07.72	
	100m:	1:20.48	43.46	200m:	2:51.27	45.57	300m:	4:22.31	45.35	400m:	5:47.47	
7.				2008	2			+0,77	5:47.98	III	252	
	50m:	38.41	38.41	150m:	2:05.54	44.09	250m:	3:35.73	45.01	350m:	5:06.35	
	100m:	1:21.45	43.04	200m:	2:50.72	45.18	300m:	4:21.55	45.82	400m:	5:47.98	
8.				2009	3	"	"	+0,70	6:00.11	1	228	
	50m:	38.63	38.63	150m:	2:11.65	46.75	250m:	3:45.85	47.32	350m:	5:18.64	
	100m:	1:24.90	46.27	200m:	2:58.53	46.88	300m:	4:32.59	46.74	400m:	6:00.11	
EXH				2004		"	"	+0,93	4:25.29	I	570	
	50m:	29.22	29.22	150m:	1:34.55	33.15	250m:	2:42.87	34.46	350m:	3:51.90	
	100m:	1:01.40	32.18	200m:	2:08.41	33.86	300m:	3:17.66	34.79	400m:	4:25.29	
EXH				2011	3	"	"	+0,79	5:12.57	III	349	
	50m:	35.08	35.08	150m:	1:55.70	40.39	250m:	3:15.93	39.52	350m:	4:35.80	
	100m:	1:15.31	40.23	200m:	2:36.41	40.71	300m:	3:56.35	40.42	400m:	5:12.57	