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 12.02.2022 - 11:56

: FINA 2021

								R.T.		FINA		
2009												
1.			2006	1	"	"			<b>4:59.29</b>	I	493	
	50m:	32.64	32.64	150m:	1:47.55	38.30	250m:	3:05.04	38.42	350m:	4:22.10	38.51
	100m:	1:09.25	36.61	200m:	2:26.62	39.07	300m:	3:43.59	38.55	400m:	4:59.29	37.19
2.			2009	I				+0,99	<b>5:05.06</b>	II	465	
	50m:	35.02	35.02	150m:	1:53.57	39.25	250m:	3:12.78	39.66	350m:	4:30.05	37.55
	100m:	1:14.32	39.30	200m:	2:33.12	39.55	300m:	3:52.50	39.72	400m:	5:05.06	35.01
3.			2008	I				+0,50	<b>5:05.31</b>	II	464	
	50m:	32.99	32.99	150m:	1:51.34	39.72	250m:	3:11.69	39.97	350m:	4:30.54	38.83
	100m:	1:11.62	38.63	200m:	2:31.72	40.38	300m:	3:51.71	40.02	400m:	5:05.31	34.77
4.			2008	I				+0,41	<b>5:05.33</b>	II	464	
	50m:	32.98	32.98	150m:	1:52.28	40.20	250m:	3:11.94	39.61	350m:	4:29.95	38.69
	100m:	1:12.08	39.10	200m:	2:32.33	40.05	300m:	3:51.26	39.32	400m:	5:05.33	35.38
5.			2007	II					<b>5:08.37</b>	II	450	
	50m:	33.98	33.98	150m:	1:51.85	39.76	250m:	3:11.97	39.73	350m:	4:31.11	39.16
	100m:	1:12.09	38.11	200m:	2:32.24	40.39	300m:	3:51.95	39.98	400m:	5:08.37	37.26
6.			2008	II				+0,88	<b>5:10.00</b>	II	443	
	50m:	35.33	35.33	150m:	1:53.25	39.14	250m:	3:12.41	39.66	350m:	4:31.50	39.30
	100m:	1:14.11	38.78	200m:	2:32.75	39.50	300m:	3:52.20	39.79	400m:	5:10.00	38.50
7.			2007	II				+0,69	<b>5:26.30</b>	II	380	
	50m:	35.91	35.91	150m:	1:58.23	42.66	250m:	3:22.76	42.63	350m:	4:46.78	42.09
	100m:	1:15.57	39.66	200m:	2:40.13	41.90	300m:	4:04.69	41.93	400m:	5:26.30	39.52
8.			2009	II				+0,92	<b>5:33.45</b>	II	356	
	50m:	37.57	37.57	150m:	2:00.72	41.41	250m:	3:26.44	42.45	350m:	4:52.25	42.47
	100m:	1:19.31	41.74	200m:	2:43.99	43.27	300m:	4:09.78	43.34	400m:	5:33.45	41.20
9.			2007	2	"	"			<b>5:41.58</b>	II	331	
	50m:	37.48	37.48	150m:	2:03.08	43.67	250m:	3:31.30	44.04	350m:	5:00.00	44.39
	100m:	1:19.41	41.93	200m:	2:47.26	44.18	300m:	4:15.61	44.31	400m:	5:41.58	41.58
10.			2009	II				+0,81	<b>5:42.06</b>	II	330	
	50m:	39.46	39.46	150m:	2:07.97	44.98	250m:	3:37.76	44.85	350m:	5:03.44	40.76
	100m:	1:22.99	43.53	200m:	2:52.91	44.94	300m:	4:22.68	44.92	400m:	5:42.06	38.62
11.			2008	II				+0,75	<b>5:43.18</b>	III	327	
	50m:	37.07	37.07	150m:	2:05.66	45.10	250m:	3:35.01	44.91	350m:	5:03.07	44.08
	100m:	1:20.56	43.49	200m:	2:50.10	44.44	300m:	4:18.99	43.98	400m:	5:43.18	40.11
12.			2008	II				+0,72	<b>5:43.96</b>	III	324	
	50m:	39.37	39.37	150m:	2:08.24	44.42	250m:	3:36.93	44.12	350m:	5:03.64	42.28
	100m:	1:23.82	44.45	200m:	2:52.81	44.57	300m:	4:21.36	44.43	400m:	5:43.96	40.32
13.			2008	3	"	"			<b>5:44.22</b>	III	324	
	50m:	38.81	38.81	150m:	2:06.56	44.62	250m:	3:35.59	44.44	350m:	5:03.29	43.07
	100m:	1:21.94	43.13	200m:	2:51.15	44.59	300m:	4:20.22	44.63	400m:	5:44.22	40.93
14.			2009	II				+1,09	<b>5:54.37</b>	III	297	
	50m:	39.97	39.97	150m:	3:42.29	2:17.34	250m:			350m:		
	100m:	1:24.95	44.98	200m:	4:28.39	46.10	300m:	5:54.66		400m:	5:54.37	
15.			2009	III				+0,88	<b>6:16.36</b>	III	248	
	50m:	39.33	39.33	150m:	2:16.86	50.20	250m:	3:56.91	50.05	350m:	5:37.63	50.77
	100m:	1:26.66	47.33	200m:	3:06.86	50.00	300m:	4:46.86	49.95	400m:	6:16.36	38.73



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							R.T.		FINA			
16.			2008				+0,94		6:23.13 III 235			
	50m:	42.03	42.03	150m:	2:17.62	48.65	250m:	3:57.25	49.74	350m:	5:37.02	49.40
	100m:	1:28.97	46.94	200m:	3:07.51	49.89	300m:	4:47.62	50.37	400m:	6:23.13	46.11
2008 - 2009												
1.			2009 I				+0,99		5:05.06 II 465			
	50m:	35.02	35.02	150m:	1:53.57	39.25	250m:	3:12.78	39.66	350m:	4:30.05	37.55
	100m:	1:14.32	39.30	200m:	2:33.12	39.55	300m:	3:52.50	39.72	400m:	5:05.06	35.01
2.			2008 I				+0,50		5:05.31 II 464			
	50m:	32.99	32.99	150m:	1:51.34	39.72	250m:	3:11.69	39.97	350m:	4:30.54	38.83
	100m:	1:11.62	38.63	200m:	2:31.72	40.38	300m:	3:51.71	40.02	400m:	5:05.31	34.77
3.			2008 I				+0,41		5:05.33 II 464			
	50m:	32.98	32.98	150m:	1:52.28	40.20	250m:	3:11.94	39.61	350m:	4:29.95	38.69
	100m:	1:12.08	39.10	200m:	2:32.33	40.05	300m:	3:51.26	39.32	400m:	5:05.33	35.38
4.			2008 II				+0,88		5:10.00 II 443			
	50m:	35.33	35.33	150m:	1:53.25	39.14	250m:	3:12.41	39.66	350m:	4:31.50	39.30
	100m:	1:14.11	38.78	200m:	2:32.75	39.50	300m:	3:52.20	39.79	400m:	5:10.00	38.50
5.			2009 II				+0,92		5:33.45 II 356			
	50m:	37.57	37.57	150m:	2:00.72	41.41	250m:	3:26.44	42.45	350m:	4:52.25	42.47
	100m:	1:19.31	41.74	200m:	2:43.99	43.27	300m:	4:09.78	43.34	400m:	5:33.45	41.20
6.			2009 II				+0,81		5:42.06 II 330			
	50m:	39.46	39.46	150m:	2:07.97	44.98	250m:	3:37.76	44.85	350m:	5:03.44	40.76
	100m:	1:22.99	43.53	200m:	2:52.91	44.94	300m:	4:22.68	44.92	400m:	5:42.06	38.62
7.			2008 II				+0,75		5:43.18 III 327			
	50m:	37.07	37.07	150m:	2:05.66	45.10	250m:	3:35.01	44.91	350m:	5:03.07	44.08
	100m:	1:20.56	43.49	200m:	2:50.10	44.44	300m:	4:18.99	43.98	400m:	5:43.18	40.11
8.			2008 II				+0,72		5:43.96 III 324			
	50m:	39.37	39.37	150m:	2:08.24	44.42	250m:	3:36.93	44.12	350m:	5:03.64	42.28
	100m:	1:23.82	44.45	200m:	2:52.81	44.57	300m:	4:21.36	44.43	400m:	5:43.96	40.32
9.			2008 3		" "				5:44.22 III 324			
	50m:	38.81	38.81	150m:	2:06.56	44.62	250m:	3:35.59	44.44	350m:	5:03.29	43.07
	100m:	1:21.94	43.13	200m:	2:51.15	44.59	300m:	4:20.22	44.63	400m:	5:44.22	40.93
10.			2009 II				+1,09		5:54.37 III 297			
	50m:	39.97	39.97	150m:	3:42.29	2:17.34	250m:			350m:		
	100m:	1:24.95	44.98	200m:	4:28.39	46.10	300m:	5:54.66		400m:	5:54.37	
11.			2009 III				+0,88		6:16.36 III 248			
	50m:	39.33	39.33	150m:	2:16.86	50.20	250m:	3:56.91	50.05	350m:	5:37.63	50.77
	100m:	1:26.66	47.33	200m:	3:06.86	50.00	300m:	4:46.86	49.95	400m:	6:16.36	38.73
12.			2008				+0,94		6:23.13 III 235			
	50m:	42.03	42.03	150m:	2:17.62	48.65	250m:	3:57.25	49.74	350m:	5:37.02	49.40
	100m:	1:28.97	46.94	200m:	3:07.51	49.89	300m:	4:47.62	50.37	400m:	6:23.13	46.11



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34, , 400m

2010 - 2011

1.	,			2010	II					<b>5:40.95</b>	II	333
	50m:	38.74	38.74	150m:	2:06.25	250m:	3:34.35	350m:	4:59.73			
	100m:	5:40.95	5:02.21	200m:		300m:		400m:	5:40.95	41.22		
2.	,			2010	III					<b>5:44.44</b>	III	323
	50m:	40.24	40.24	150m:	2:08.45	44.77	250m:	3:35.87	42.88	350m:	5:04.10	43.84
	100m:	1:23.68	43.44	200m:	2:52.99	44.54	300m:	4:20.26	44.39	400m:	5:44.44	40.34
3.	,			2010	3	"	"			<b>5:53.97</b>	III	298
	50m:	39.21	39.21	150m:	2:10.72	46.55	250m:	3:42.92	46.18	350m:	5:14.38	45.33
	100m:	1:24.17	44.96	200m:	2:56.74	46.02	300m:	4:29.05	46.13	400m:	5:53.97	39.59
4.	,			2011	3	"	"			<b>6:05.11</b>	III	271
	50m:	41.11	41.11	150m:	2:13.23	47.21	250m:	3:48.41	47.56	350m:	5:22.57	46.67
	100m:	1:26.02	44.91	200m:	3:00.85	47.62	300m:	4:35.90	47.49	400m:	6:05.11	42.54
5.	,			2010	3	"	"			<b>7:16.23</b>	1	159
	50m:	45.58	45.58	150m:	2:37.10		250m:	4:31.06		350m:	6:24.53	2:50.56
	100m:			200m:			300m:	3:33.97		400m:	7:16.23	51.70
6.	,			2011	1					<b>7:32.99</b>	1	142
	50m:	48.89	48.89	150m:	2:45.84	59.42	250m:	4:44.40		350m:		
	100m:	1:46.42	57.53	200m:			300m:	3:45.92		400m:	7:32.99	