



« »  
( 25 )

19. - 21.9.2024

23 , 400m 2013  
20.09.2024 - 11:19

12 +: 4:28.00 / 10 +: 4:43.00 / I 9 +: 5:02.00 /  
II 9 +: 5:43.00 / III 9 +: 6:31.00 / I 8 +: 7:26.00

: FINA 2023

							R.T.		FINA
2010									
1.			2009 I					<b>4:49.75</b> I	532
	50m: 30.97	30.97	150m: 1:45.50	37.42	250m: 3:02.41	38.64	350m: 4:17.79	34.97	
	100m: 1:08.08	37.11	200m: 2:23.77	38.27	300m: 3:42.82	40.41	400m: 4:49.75	31.96	
2.			2007	"	"			<b>4:50.52</b> I	527
	50m: 31.42	31.42	150m: 1:48.01	40.07	250m: 3:05.54	38.32	350m: 4:18.77	35.16	
	100m: 1:07.94	36.52	200m: 2:27.22	39.21	300m: 3:43.61	38.07	400m: 4:50.52	31.75	
3.			2010 I	"	"			<b>5:04.55</b> II	458
	50m: 32.81	32.81	150m: 1:49.89	37.89	250m: 3:09.52	41.96	350m: 4:28.38	36.45	
	100m: 1:12.00	39.19	200m: 2:27.56	37.67	300m: 3:51.93	42.41	400m: 5:04.55	36.17	
4.			2010 II					<b>5:19.88</b> II	395
	50m: 33.94	33.94	150m: 1:56.91	41.47	250m: 3:21.96	44.67	350m: 4:44.51	38.10	
	100m: 1:15.44	41.50	200m: 2:37.29	40.38	300m: 4:06.41	44.45	400m: 5:19.88	35.37	
5.			2010					<b>5:39.31</b> II	331
	50m: 33.57	33.57	150m: 1:58.23	43.40	250m: 3:30.29	49.39	350m: 5:02.85	40.39	
	100m: 1:14.83	41.26	200m: 2:40.90	42.67	300m: 4:22.46	52.17	400m: 5:39.31	36.46	
6.			2010 III	2				<b>6:28.90</b> III	220
	50m: 38.37	38.37	150m:		250m: 4:01.41	57.45	350m: 5:47.35		
	100m: 1:27.14	48.77	200m: 3:03.96		300m:		400m: 6:28.90	41.55	
7.			2010 I	2				<b>6:38.15</b> 1	205
	50m: 40.72	40.72	150m: 2:25.87	53.48	250m: 4:11.39	53.58	350m: 5:55.02	48.02	
	100m: 1:32.39	51.67	200m: 3:17.81	51.94	300m: 5:07.00	55.61	400m: 6:38.15	43.13	

2006 - 2008

1.			2007	"	"			<b>4:50.52</b> I	527
	50m: 31.42	31.42	150m: 1:48.01	40.07	250m: 3:05.54	38.32	350m: 4:18.77	35.16	
	100m: 1:07.94	36.52	200m: 2:27.22	39.21	300m: 3:43.61	38.07	400m: 4:50.52	31.75	

2009 - 2010

1.			2009 I					<b>4:49.75</b> I	532
	50m: 30.97	30.97	150m: 1:45.50	37.42	250m: 3:02.41	38.64	350m: 4:17.79	34.97	
	100m: 1:08.08	37.11	200m: 2:23.77	38.27	300m: 3:42.82	40.41	400m: 4:49.75	31.96	
2.			2010 I	"	"			<b>5:04.55</b> II	458
	50m: 32.81	32.81	150m: 1:49.89	37.89	250m: 3:09.52	41.96	350m: 4:28.38	36.45	
	100m: 1:12.00	39.19	200m: 2:27.56	37.67	300m: 3:51.93	42.41	400m: 5:04.55	36.17	
3.			2010 II					<b>5:19.88</b> II	395
	50m: 33.94	33.94	150m: 1:56.91	41.47	250m: 3:21.96	44.67	350m: 4:44.51	38.10	
	100m: 1:15.44	41.50	200m: 2:37.29	40.38	300m: 4:06.41	44.45	400m: 5:19.88	35.37	
4.			2010					<b>5:39.31</b> II	331
	50m: 33.57	33.57	150m: 1:58.23	43.40	250m: 3:30.29	49.39	350m: 5:02.85	40.39	
	100m: 1:14.83	41.26	200m: 2:40.90	42.67	300m: 4:22.46	52.17	400m: 5:39.31	36.46	



« « » »  
( 25 )

19. - 21.9.2024

23, , 400m

2009 - 2010

						R.T.		FINA	
5.	,	2010	III	2	.	<b>6:28.90</b>	III	220	
	50m: 38.37	38.37	150m:	250m:	4:01.41	57.45	350m:	5:47.35	
	100m: 1:27.14	48.77	200m:	300m:			400m:	6:28.90	41.55
6.	,	2010	I	2	.	<b>6:38.15</b>	1	205	
	50m: 40.72	40.72	150m:	250m:	4:11.39	53.58	350m:	5:55.02	48.02
	100m: 1:32.39	51.67	200m:	300m:	5:07.00	55.61	400m:	6:38.15	43.13

2011 - 2013

1.	,	2011	"	"	.	<b>5:39.48</b>	II	330	
	50m: 36.95	36.95	150m:	250m:	3:36.59	46.52	350m:	5:02.63	38.71
	100m: 1:20.39	43.44	200m:	300m:	4:23.92	47.33	400m:	5:39.48	36.85
2.	,	2011	III		.	<b>6:09.65</b>	III	256	
	50m: 40.81	40.81	150m:	250m:	3:48.40	48.64	350m:	5:24.44	45.98
	100m: 1:30.47	49.66	200m:	300m:	4:38.46	50.06	400m:	6:09.65	45.21