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(25)

19. - 21.9.2024

35 , 400m 2013
21.09.2024 - 11:09

12 +: 3:56.00 / 10 +: 4:08.50 / I 9 +: 4:25.00 /
II 9 +: 5:00.00 / III 9 +: 5:41.00 / I 8 +: 6:37.00

: FINA 2023

								R.T.		FINA
2010										
1.			2007					4:08.94 I		619
	50m: 28.21	28.21	150m: 1:30.38	31.45	250m: 2:34.03	32.04	350m: 3:37.77			31.72
	100m: 58.93	30.72	200m: 2:01.99	31.61	300m: 3:06.05	32.02	400m: 4:08.94			31.17
2.			2004	"	"			4:12.22 I		595
	50m: 28.57	28.57	150m: 1:32.07	32.10	250m: 2:36.55	32.07	350m: 3:40.64			32.04
	100m: 59.97	31.40	200m: 2:04.48	32.41	300m: 3:08.60	32.05	400m: 4:12.22			31.58
3.			2008	"	"			4:13.82 I		584
	50m: 28.56	28.56	150m: 1:32.02	32.16	250m: 2:37.41	32.84	350m: 3:43.13			32.48
	100m: 59.86	31.30	200m: 2:04.57	32.55	300m: 3:10.65	33.24	400m: 4:13.82			30.69
4.			2008 I					4:29.05 II		490
	50m: 29.90	29.90	150m: 1:36.14	33.43	250m: 2:45.75	34.86	350m: 3:56.04			34.97
	100m: 1:02.71	32.81	200m: 2:10.89	34.75	300m: 3:21.07	35.32	400m: 4:29.05			33.01
5.			2010	"	"			4:40.55 II		433
	50m: 32.09	32.09	150m: 1:42.98	35.65	250m: 2:55.88	36.49	350m: 4:08.14			35.76
	100m: 1:07.33	35.24	200m: 2:19.39	36.41	300m: 3:32.38	36.50	400m: 4:40.55			32.41
6.			2010 II	"	"			4:51.61 II		385
	50m: 32.21	32.21	150m: 1:44.47	36.47	250m: 3:00.61	38.35	350m: 4:15.75			37.71
	100m: 1:08.00	35.79	200m: 2:22.26	37.79	300m: 3:38.04	37.43	400m: 4:51.61			35.86
7.			2007					4:52.34 II		382
	50m: 31.16	31.16	150m: 1:43.44	37.11	250m: 2:59.96	38.49	350m: 4:16.93			38.09
	100m: 1:06.33	35.17	200m: 2:21.47	38.03	300m: 3:38.84	38.88	400m: 4:52.34			35.41
8.			2008 II					5:01.87 III		347
	50m: 31.27	31.27	150m: 1:45.13	37.84	250m: 3:04.58	40.43	350m: 4:24.68			39.85
	100m: 1:07.29	36.02	200m: 2:24.15	39.02	300m: 3:44.83	40.25	400m: 5:01.87			37.19
9.			2008 II					5:04.71 III		337
	50m: 32.02	32.02	150m: 1:45.43	37.75	250m: 3:05.69	41.03	350m: 4:26.61			40.32
	100m: 1:07.68	35.66	200m: 2:24.66	39.23	300m: 3:46.29	40.60	400m: 5:04.71			38.10
10.			2010					5:13.37 III		310
	50m: 33.50	33.50	150m: 1:52.27	40.00	250m: 3:12.43	39.19	350m: 4:32.12			39.03
	100m: 1:12.27	38.77	200m: 2:33.24	40.97	300m: 3:53.09	40.66	400m: 5:13.37			41.25
11.			2010 III	2				5:24.95 III		278
	50m: 35.42	35.42	150m: 1:56.80	41.61	250m: 3:19.84	40.55	350m: 4:44.04			42.40
	100m: 1:15.19	39.77	200m: 2:39.29	42.49	300m: 4:01.64	41.80	400m: 5:24.95			40.91
12.			2010	"	"			5:25.37 III		277
	50m: 35.76	35.76	150m: 1:56.80	41.27	250m: 3:21.52	42.43	350m: 4:46.37			41.85
	100m: 1:15.53	39.77	200m: 2:39.09	42.29	300m: 4:04.52	43.00	400m: 5:25.37			39.00



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19. - 21.9.2024

35, , 400m

2006 - 2008

1.			2007						4:08.94	I	619	
	50m:	28.21	28.21	150m:	1:30.38	31.45	250m:	2:34.03	32.04	350m:	3:37.77	31.72
	100m:	58.93	30.72	200m:	2:01.99	31.61	300m:	3:06.05	32.02	400m:	4:08.94	31.17
2.			2008			"	"		4:13.82	I	584	
	50m:	28.56	28.56	150m:	1:32.02	32.16	250m:	2:37.41	32.84	350m:	3:43.13	32.48
	100m:	59.86	31.30	200m:	2:04.57	32.55	300m:	3:10.65	33.24	400m:	4:13.82	30.69
3.			2008	I					4:29.05	II	490	
	50m:	29.90	29.90	150m:	1:36.14	33.43	250m:	2:45.75	34.86	350m:	3:56.04	34.97
	100m:	1:02.71	32.81	200m:	2:10.89	34.75	300m:	3:21.07	35.32	400m:	4:29.05	33.01
4.			2007						4:52.34	II	382	
	50m:	31.16	31.16	150m:	1:43.44	37.11	250m:	2:59.96	38.49	350m:	4:16.93	38.09
	100m:	1:06.33	35.17	200m:	2:21.47	38.03	300m:	3:38.84	38.88	400m:	4:52.34	35.41
5.			2008	II					5:01.87	III	347	
	50m:	31.27	31.27	150m:	1:45.13	37.84	250m:	3:04.58	40.43	350m:	4:24.68	39.85
	100m:	1:07.29	36.02	200m:	2:24.15	39.02	300m:	3:44.83	40.25	400m:	5:01.87	37.19
6.			2008	II					5:04.71	III	337	
	50m:	32.02	32.02	150m:	1:45.43	37.75	250m:	3:05.69	41.03	350m:	4:26.61	40.32
	100m:	1:07.68	35.66	200m:	2:24.66	39.23	300m:	3:46.29	40.60	400m:	5:04.71	38.10

2009 - 2010

1.			2010			"	"		4:40.55	II	433	
	50m:	32.09	32.09	150m:	1:42.98	35.65	250m:	2:55.88	36.49	350m:	4:08.14	35.76
	100m:	1:07.33	35.24	200m:	2:19.39	36.41	300m:	3:32.38	36.50	400m:	4:40.55	32.41
2.			2010	II		"	"		4:51.61	II	385	
	50m:	32.21	32.21	150m:	1:44.47	36.47	250m:	3:00.61	38.35	350m:	4:15.75	37.71
	100m:	1:08.00	35.79	200m:	2:22.26	37.79	300m:	3:38.04	37.43	400m:	4:51.61	35.86
3.			2010						5:13.37	III	310	
	50m:	33.50	33.50	150m:	1:52.27	40.00	250m:	3:12.43	39.19	350m:	4:32.12	39.03
	100m:	1:12.27	38.77	200m:	2:33.24	40.97	300m:	3:53.09	40.66	400m:	5:13.37	41.25
4.			2010	III		2			5:24.95	III	278	
	50m:	35.42	35.42	150m:	1:56.80	41.61	250m:	3:19.84	40.55	350m:	4:44.04	42.40
	100m:	1:15.19	39.77	200m:	2:39.29	42.49	300m:	4:01.64	41.80	400m:	5:24.95	40.91
5.			2010			"	"		5:25.37	III	277	
	50m:	35.76	35.76	150m:	1:56.80	41.27	250m:	3:21.52	42.43	350m:	4:46.37	41.85
	100m:	1:15.53	39.77	200m:	2:39.09	42.29	300m:	4:04.52	43.00	400m:	5:25.37	39.00

2011 - 2013

1.			2011	II		"	"		4:36.06	II	454	
	50m:	32.03	32.03	150m:	1:41.48	34.55	250m:	2:52.09	35.43	350m:	4:02.82	35.21
	100m:	1:06.93	34.90	200m:	2:16.66	35.18	300m:	3:27.61	35.52	400m:	4:36.06	33.24
2.			2011	III					5:14.97	III	306	
	50m:	34.05	34.05	150m:	1:52.17	40.07	250m:	3:13.39	40.54	350m:	4:35.07	41.35
	100m:	1:12.10	38.05	200m:	2:32.85	40.68	300m:	3:53.72	40.33	400m:	5:14.97	39.90
3.			2013			"	"		5:52.67	1	217	
	50m:	1:20.53	1:20.53	150m:	2:51.46	45.75	250m:	4:24.42	45.92	350m:		
	100m:	2:05.71	45.18	200m:	3:38.50	47.04	300m:	5:10.62	46.20	400m:	5:52.67	



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19. - 21.9.2024

35, , 400m , 2011 - 2013

								R.T.		FINA		
4.			2012 I					5:53.43	1	216		
	50m:	38.05	38.05	150m:	2:09.42	46.81	250m:	3:42.23	46.39	350m:	5:12.29	44.10
	100m:	1:22.61	44.56	200m:	2:55.84	46.42	300m:	4:28.19	45.96	400m:	5:53.43	41.14