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19.	100	1:37.69	147	200	3:32.81	145	50	45.65	137	14	"	"	429	3
20.	100	1:38.12	145	50	45.55	138	200	3:36.19	138	14	"	"	421	3
21.	50	44.29	150	200	3:35.47	140	100	1:42.72	126	14	"	"	416	3
22.	200	3:28.84	153	100	1:43.55	123	50	47.26	123	14	"	"	399	3
23.	50	45.31	140	200	3:42.41	127	100	1:44.30	121	14	"	"	388	3
24.	100	1:41.02	133	200	3:41.33	129	50	47.25	123	14	"	"	385	3
25.	200	3:34.34	142	100	1:42.54	127	50	48.41	115	15	"	"	384	3
26.	200	3:40.84	130	50	47.38	122	100	1:45.51	116	15	"	"	368	3
27.	50	48.06	117	200	3:50.70	114	100	1:46.66	113	15	"	"	344	3
28.	200	3:51.73	112	100	1:47.36	111	50	49.13	110	14	"	"	333	3
29.	200	3:53.68	109	100	1:48.90	106	50	49.95	104	15	"	"	319	3
30.	200	3:45.98	109	50	49.82	105	100	1:51.53	99	15	"	"	313	3
31.	200	3:55.26	107	100	1:50.50	101	50	52.25	91	15	"	"	299	3
32.	100	1:48.38	107	200	3:57.45	104	50	54.06	82	15	"	"	293	3
33.	100	1:52.14	97	200	4:02.92	97	50	52.52	90	15	"	"	284	3
34.	200	3:59.13	102	100	1:55.15	89	50	52.19	82	15	"	"	273	3
35.	200	3:59.10	102	100	1:55.94	88	50	54.21	81	15	"	"	271	3
36.	50	51.63	94	200	4:13.94	85	100	1:57.76	84	14	"	"	263	3
37.	100	2:03.77	72	50	57.31	69	200	-	-	15	"	"	141	3



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2011 - 2013

1.	100	1:04.72	506	200	2:23.37	475	50	31.66	411	"	"	1392	3
2.	100	1:07.98	437	50	31.33	424	200	2:30.96	407	"	"	1268	3
3.	200	2:28.96	424	50	31.56	415	100	1:09.94	401	3		1240	3
4.	100	1:09.21	414	200	2:31.75	401	50	32.18	391	-		1206	3
5.	100	1:10.35	394	50	32.32	386	200	2:35.44	373			1153	3
6.	100	1:11.34	378	50	32.87	367	200	2:36.29	367			1112	3
7.	200	2:34.14	382	100	1:11.78	371	50	33.19	357			1110	3
8.	50	32.45	382	100	1:12.19	365	200	2:38.81	350	/ "	"	1097	3
9.	50	32.39	384	100	1:12.75	356	200	2:39.14	347	"	"	1087	3
10.	200	2:37.19	360	100	1:13.07	352	50	33.34	352	"	"	1064	3
11.	200	2:36.00	369	100	1:13.56	345	50	33.80	338			1052	3
12.	100	1:12.92	354	200	2:42.24	328	50	34.45	319	3		1001	3
13.	200	2:38.45	352	100	1:14.87	327	50	35.47	292			971	3
14.	50	33.91	334	100	1:15.27	322	200	2:48.33	293			949	3
15.	200	2:41.87	330	100	1:16.34	308	50	34.98	305	"	"	943	3
16.	100	1:14.72	329	200	2:43.39	321	50	35.81	284	/ "	"	934	3
17.	100	1:15.61	317	200	2:46.18	305	50	35.26	297	"	"	919	3
18.	200	2:42.83	324	100	1:17.77	292	50	35.96	280	"	"	896	3
19.	200	2:45.63	308	100	1:16.81	303	50	35.95	281			892	3



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20.	200	2:45.90	307	50	35.85	283	100	1:18.82	280			870	3
21.	50	34.81	309	100	1:18.82	280	200	2:56.05	256			845	3
22.	200	2:49.76	286	100	1:19.42	274	50	37.34	250	"	"	810	3
23.	200	2:52.08	275	100	1:20.13	267	50	36.90	259		3	801	3
24.	200	2:50.40	283	100	1:19.26	275	50	38.11	235	"	"	793	3
25.	50	36.05	278	200	2:55.29	260	100	1:22.75	242			780	3
26.	200	2:53.36	269	100	1:20.98	258	50	37.60	245			772	3
27.	200	2:53.91	266	50	37.26	252	100	1:22.49	244	"	"	762	3
28.	100	1:20.81	260	200	2:57.07	252	50	37.78	242			754	3
29.	50	37.53	247	100	1:23.67	234	200	3:02.19	231			712	3
30.	50	36.96	258	100	1:24.72	225	200	3:07.86	211	"	"	694	3
31.	200	2:57.55	250	100	1:23.08	239	50	40.14	201	"	"	690	3
32.	50	38.45	229	200	3:03.91	225	100	1:25.48	219	"	"	673	3
33.	50	38.63	226	200	3:04.35	223	100	1:25.12	222			671	3
34.	200	2:59.07	244	100	1:25.47	220	50	40.06	203	"	"	667	3
35.	50	38.55	227	100	1:26.38	213	200	3:09.35	206	"	"	646	3
36.	50	38.99	220	200	3:06.89	214	100	1:26.93	209			643	3
37.	200	3:06.01	217	100	1:25.99	216	50	39.84	206			639	3
38.	200	3:00.87	236	100	1:26.95	208	50	40.74	193	"	"	637	3



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39.	200	3:09.41	206	100	1:28.83	196	50	40.61	195	597	3
40.	100	1:29.45	191	50	41.18	187	200	3:15.80	186	564	3
41.	200	3:12.35	196	50	41.36	184	100	1:31.41	179	559	3
42.	100	1:29.50	191	50	41.08	188	200	3:19.82	175	554	3
43.	200	3:11.56	199	100	1:30.25	186	50	43.06	163	548	3
44.	200	3:14.64	190	100	1:31.19	181	50	42.46	170	541	3
45.	50	40.30	199	200	3:22.38	169	100	1:30.48	167	535	3
46.	200	3:16.95	183	100	1:31.88	177	50	43.17	162	522	3
47.	200	3:19.93	175	100	1:34.16	164	50	44.10	152	491	3
48.	100	1:33.98	165	200	3:25.69	161	50	44.13	151	477	3
49.	200	3:24.90	162	50	44.86	144	100	1:38.59	143	449	3
50.	100	1:36.12	154	200	3:29.74	151	50	45.22	141	446	3
51.	50	47.70	120	200	3:57.12	105	100	1:50.01	93	318	3
52.	50	48.11	117	100	1:46.78	112	200	-	-	229	3

2009 - 2010

1.	50	28.49	564	100	1:02.89	552	200	2:22.82	481	1597	3
2.	50	30.24	472	200	2:24.65	463	100	1:06.72	462	1397	3
3.	100	1:06.27	472	200	2:25.72	453	50	31.04	436	1361	3
4.	50	30.25	471	200	2:26.25	448	100	1:07.82	440	1359	3



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5.	200	2:24.78	461	100	1:07.55	445	50	31.18	430	1336	3
6.	50	32.09	395	100	1:10.36	394	200	2:35.63	371	1160	3
7.	200	2:32.01	399	50	32.82	369	100	1:12.65	358	1126	3
8.	50	32.37	385	200	2:35.17	375	100	1:12.15	365	1125	3
9.	200	2:34.29	381	100	1:11.89	369	50	33.04	362	1112	3
10.	50	33.28	354	100	1:14.42	333	200	2:44.53	314	1001	3
11.	100	1:14.12	337	200	2:41.31	333	50	34.07	330	1000	3
12.	50	33.99	332	100	1:14.90	326	200	2:46.95	301	959	3
13.	50	35.34	295	100	1:21.28	255	200	2:59.64	241	791	3
14.	100	1:29.13	194	50	41.27	185	200	3:16.20	185	564	3
2006 - 2008											
1.	100	59.92	638	50	27.77	609	200	2:15.60	562	1809	3
2.	100	1:00.68	614	50	27.75	611	200	2:17.92	534	1759	3
3.	50	30.72	450	100	1:09.19	414	200	2:38.97	348	1212	3
4.	100	1:11.65	373	50	32.89	367	200	2:36.62	364	1104	3
5.	100	1:16.35	308	200	2:47.66	297	50	35.67	287	892	3